MENTAL HEALTH IN OLDER ADULTS

1 IN 5

Data shows that 1 in 5 older adults experience a mental illness. This includes mood disorders, anxiety disorders, cognitive impairment, etc.

ER VISITS

Older adults with depression visit the doctor and ER more often, use more medication, incur higher outpatient charges, and stay longer in the hospital.

SILENT KILLER

Depression in seniors can lead to lower physical function. In fact, seniors with feelings of loneliness have a 59% higher risk of physical and mental decline.

UNDIAGNOSED

Depression often goes undiagnosed among older adults, as it is often brushed off as a natural reaction to aging.

DEPRESSION IS NOT A "NORMAL" SIGN OF AGING.

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