encounter
telepsychiatry®
a division of Encounter Telehealth, llc

ENSURE YOUR FAMILY MEMBERS RECEIVE
THE BEHAVIORAL HEALTHCARE THEY NEED

Encounter Telehealth, LLC

900 S. 74th Plaza, Suite 403 Omaha, NE 68114

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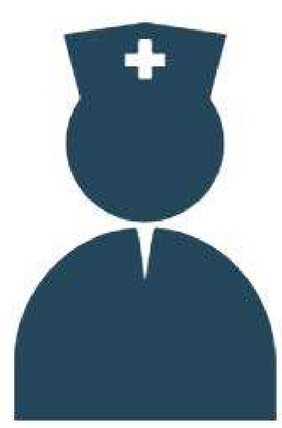
OUR SERVICES

Encounter Telepsychiatry specializes in the treatment of behavioral health issues.We provide clinical services and support by offering:

PSYCHIATRIC EVALUATIONS

MEDICATION MANAGEMENT

THERAPY AND COUNSELING



STAFF TRAINING

We offer psychiatric and mental healthcare for your loved ones that have:

- depression
- anxiety
- bipolar disorder
- schizophrenia
- PTSD
- dementia or Alzheimer's Disease
- any other mental health disorders
- been prescribed any mental health medications

CONSISTENT, CARING APPOINTMENTS

1

Appointments are conducted at your loved one's facility. This allows them to feel at ease and benefit most from their visit. Family members are welcome to join in person or by video.

2

If needed or requested, a facility staff member assists as a Telehealth Coordinator during your loved one's appointment.

3

The Telehealh Coordinator serves as an intermediary and is available to answer questions and help manage the technical aspects.

4

Appointments are conducted on a weekly or monthly schedule, depending on your family member's needs.

PARTNERING TOGETHER

Encounter knows that having a family member suffering from mental illness can be exhausting and stressful.

We are here to help.

TRANSITIONING HOME

Moving to a new community can cause anxiety and depression for your loved one. Our goal is to help with their transition to their new home by providing quality mental health care and support. Our counseling and therapy services work to combat feelings of isolation, loneliness, depression, and anxiety.

FAMILY SUPPORT

We know that family members are a vital part of the care team. We partner with the facility staff, other care providers, and you to ensure the best possiible treatment for your loved one. You are welcome to join appointments either in-person or virtually. We also offer family therapy, which is often covered by your loved one's insurance.

DEMENTIA CARE

Our providers specialize in geriatric psychiatry, and are experienced in managing dementia and Alzheimer's Disease. Through telehealth, your loved one is not required to be disrupted and removed to receive quality mental health care. They receive evaluations, medication management, and counseling from the comfort of their home.

MENTAL HEALTH CHECKLIST

As a part of your loved one's admission, it's helpful to screen for any mental health issues that may prevent them from having a successful transition to their new home.

HAS YOUR FAMILY MEMBER:

- Been prescribed any medications for depression or anxiety that may be well-managed by a psychiatric specialist?
- Recently lost a loved one?
- Been taking, or has recently been prescribed, anti-psychotic medications?

SHOWN SIGNS OF DEPRESSION SUCH AS:

- Lack of appetite?
- Feeling tired or hopeless?
- Lack of interest in daily activities?

SHOWN SIGNS OF ANXIETY SUCH AS:

- Racing heart?
- Avoiding certain situations?
- Difficulty making decisions?
- Generalized fear or dread?

If you answered yes to any of the above, contact us to set up a mental health consult for your loved one.

844 485 3041

Mental health is a vital part of physical health and quality of life.

WE CAN HELP

Our Promise

We will meet the needs of your family member by providing:

- Board-certified psychiatric and mental health specialists
- Consistency with one provider assigned for the duration of care
- Private, secure, and HIPAA-compliant appointments
- Direct access to your loved one's provider
- The ability to join appointments in-person or remotely

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